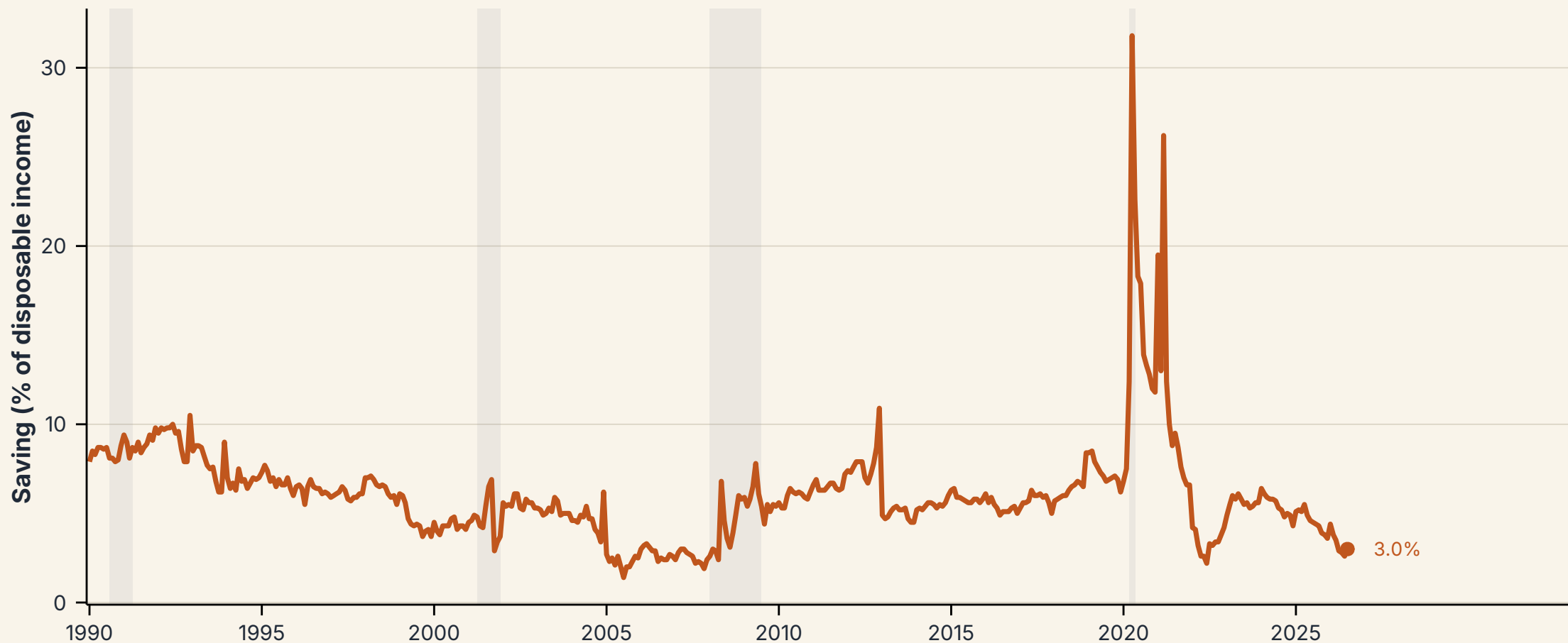


How Much Are Americans Saving?

Latest: July 2026



Notes: Personal saving as a share of disposable personal income, monthly. The latest rate is 3.0%, against a 5.8% average from 1990 to 2019. Shaded bars: NBER recessions.

Source: U.S. Bureau of Economic Analysis via FRED (PSAVERT). Retrieved 29 Aug 2026.

Chart by Mokhtar Tabari · vizdelta.com