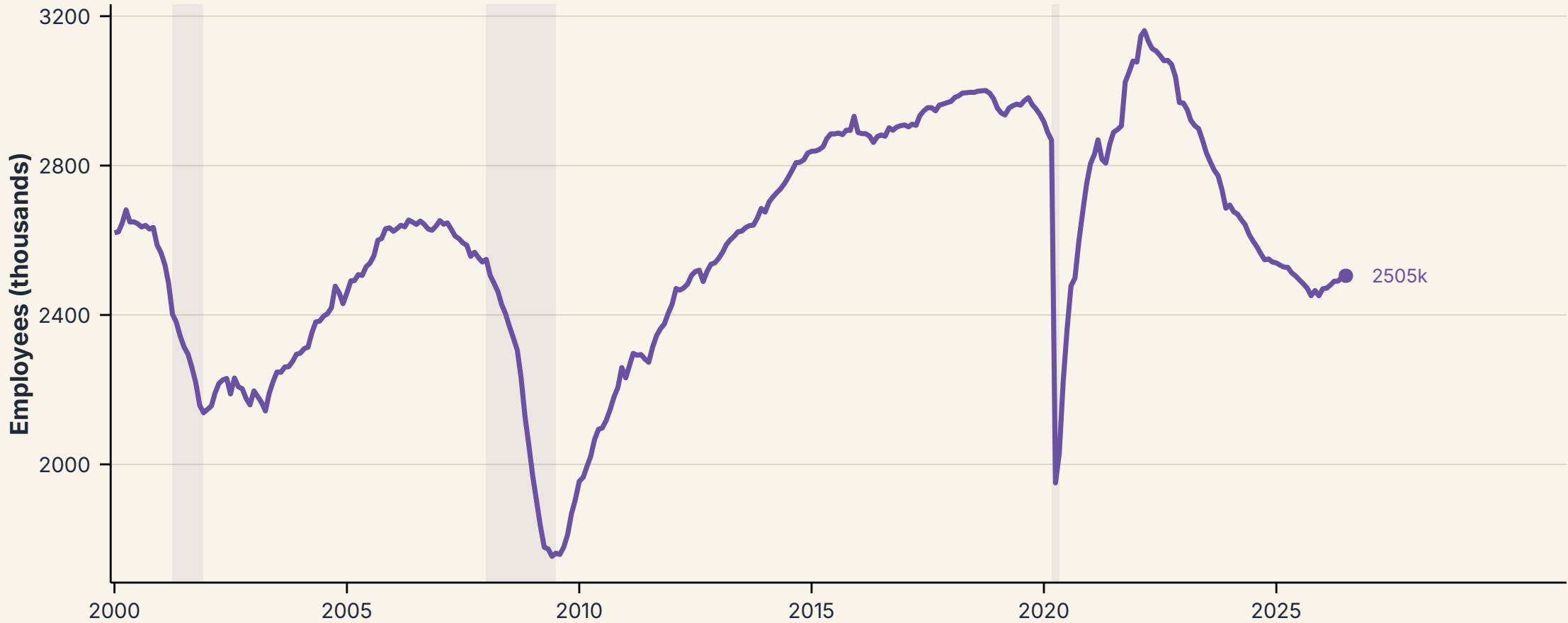


The Canary: Temporary-Help Employment

Latest: July 2026



Notes: Temporary-help services employment, seasonally adjusted. Firms cut temps before permanent staff, and this series has peaked ahead of every recession since the 1990s - but it has also peaked without one following, in 2015 and again in 2022, so a peak on its own is not a signal. Shaded bars: NBER recessions.
Source: U.S. Bureau of Labor Statistics via FRED (TEMPHELPS). Retrieved 01 Sep 2026.
Chart by Mokhtar Tabari · vizdelta.com